

05/03/2010

LONG COURSE  
TOP 10 TIMES  
9-10 GIRLS

<b>50 FREE</b>	TIME	YEAR	<b>50 BACK</b>	TIME	YEAR
LAUREN GREEN	32.43	2009	MORGANNE MCKENNAN	37.26	2009
KELSEY CONROW	32.64	2001	KATHERINE COMANOR	37.76	1983
LAUREN SMITH	33.19	2009	LAUREN SMITH	38.77	2009
SANDRA SOE	33.21	2008	LAUREN GREEN	38.86	2009
MORGANNE MCKENNAN	33.53	2009	SANDRA SOE	38.99	2008
KATHERINE COMANOR	33.77	1983	TIFFANY HOWARD	39.58	1992
ALANNA JURICH	33.85	2009	<b>ELIZABETH SHEN</b>	<b>39.92</b>	<b>4/30/10</b>
LINDSAY KNOTT	34.13	1995	LINDSAY SCANNELL	40.23	2007
LINDSAY STEPHENSON	34.76	1995	CATHERINE WHITMAN	40.50	1993
MICHELLE DEL RIO	35.02	1997	LINDSAY KNOTT	40.54	1995

<b>100 FREE</b>	TIME	YEAR	<b>100 BACK</b>	TIME	YEAR
KELSEY CONROW	1:11.34	2001	KATHERINE COMANOR	1:18.96	1983
LAUREN SMITH	1:11.35	2009	LAUREN SMITH	1:20.78	2009
LAUREN GREEN	1:12.12	2009	MORGANNE MCKENNAN	1:22.18	2009
KATHERINE COMANOR	1:12.15	1983	LAUREN GREEN	1:24.35	2009
ALANNA JURICH	1:13.80	2009	SANDRA SOE	1:25.43	2008
SANDRA SOE	1:14.50	2008	EMILIE RUFFO	1:26.33	2007
MORGANNE MCKENNAN	1:15.71	2009	LINDSAY KNOTT	1:29.88	1995
LINDSAY STEPHENSON	1:16.86	1995	ALANE LEE	1:30.23	1989
LINDSAY KNOTT	1:17.21	1995	CATHERINE WHITMAN	1:20.61	1993
LINDSAY SCANNELL	1:17.31	2007	LINDSAY STEPHENSON	1:30.86	1995

<b>200 FREE</b>	TIME	YEAR	<b>50 BREAST</b>	TIME	YEAR
KATHERINE COMANOR	2:33.08	1983	MORGANNE MCKENNAN	38.50	2009
LAUREN SMITH	2:34.49	2009	EMILY PENDERGRAFT	42.21	1986
LAUREN GREEN	2:38.92	2009	ALYSON WAGNER	43.42	1991
KELSEY CONROW	2:39.94	2001	ALANNA JURICH	44.21	2009
LINDSAY STEPHENSON	2:43.15	1995	SANDRA SOE	44.39	2008
SANDRA SOE	2:45.71	2007	HEATHER POND	45.02	1991
LINDSAY KNOTT	2:46.12	1995	STEPHANIE SCANNELL	45.31	2004
EMILIE RUFFO	2:49.09	2007	KELSEY CONROW	45.72	2001
BETHANY NOLLETTE	2:49.63	2000	CATHERINE WHITMAN	45.72	1993
LINDSAY SCANNELL	2:50.30	2007	LINDSAY STEPHENSON	46.19	1995

<b>400 FREE</b>	TIME	YEAR	<b>100 BREAST</b>	TIME	YEAR
LAUREN SMITH	5:24.92	2009	MORGANNE MCKENNAN	1:25.73	2009
KELSEY CONROW	5:38.84	2001	ALANNA JURICH	1:32.49	2009
ALANNA JURICH	6:00.56	2009	EMILY PENDERGRAFT	1:33.71	1986
MORGANNE MCKENNAN	6:00.93	2009	HEATHER POND	1:36.88	1991
SANDRA SOE	6:07.38	2007	ALYSON WAGNER	1:37.00	1991
EMILIE RUFFO	6:12.38	2007	KELSEY CONROW	1:37.39	2001
LAUREN GREEN	6:24.08	2009	STEPHANIE SCANNELL	1:37.42	2004
AVALON GOOK	6:47.78	2009	CATHERINE WHITMAN	1:39.06	1993
JULIE LANCE	6:55.81	2009	LINDSAY STEPHENSON	1:39.87	1995
STEPHANIE SCANNELL	7:10.29	2003	MEGHAN CANNON	1:40.99	1993

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LONG COURSE  
TOP 10 TIMES  
9-10 GIRLS

<b>50 FLY</b>	TIME	YEAR
KATHERINE COMANOR	35.07	1983
LAUREN GREEN	35.50	2009
LAUREN SMITH	35.82	2009
ALANNA JURICH	36.78	2009
TIFFANY HOWARD	36.93	1992
MORGANNE MCKENNAN	37.75	2009
LINDSAY SCANNELL	38.21	2007
HILARY HUNT	38.32	2003
STEPHANIE SCANNELL	38.35	2004
KELSEY CONROW	38.38	2001

<b>100 FLY</b>	TIME	YEAR
KATHERINE COMANOR	1:17.87	1983
LAUREN SMITH	1:22.03	2009
LAUREN GREEN	1:22.29	2009
LINDSAY SCANNELL	1:27.10	2007
HILARY HUNT	1:31.49	2003
ALANNA JURICH	1:31.60	2009
MORGANNE MCKENNAN	1:32.00	2009
JANICE LEE	1:32.79	1993
KELSEY CONROW	1:36.16	2001
LISA KNOTT	1:40.14	1990

<b>200 BREAST</b>	TIME	YEAR
MORGANNE MCKENNAN	3:13.26	2009

<b>200 I.M.</b>	TIME	YEAR
KATHERINE COMANOR	2:50.77	1983
MORGANNE MCKENNAN	2:55.53	2009
LAUREN SMITH	2:58.37	2009
KELSEY CONROW	3:03.22	2001
ALANNA JURICH	3:03.32	2009
SANDRA SOE	3:04.77	2008
EMILIE RUFFO	3:09.28	2007
LINDSAY STEPHENSON	3:09.89	1995
ELIZABETH SHEN	3:10.55	4/30/10
STEPHANIE SCANNELL	3:10.93	2004

<b>400 I.M.</b>	TIME	YEAR
STEPHANIE SCANNELL	7:16.78	2004