

07/07/2010

SHORT COURSE
TOP 10 TIMES
8/UNDER GIRLS

25 FREE	TIME	YEAR	500 FREE	TIME	YEAR
KATHERINE COMANOR	14.24	1982	LAUREN SMITH	7:05.39	2008
LAUREN SMITH	14.92	2008	SANDRA SOE	7:07.88	2006
SANDRA SOE	14.94	2006	STEPHANIE SCANNELL	7:58.83	2003
LINDSAY KNOTT	14.99	1994	LINDSAY SCANNELL	8:04.31	2005
MELISSA WINCHESTER	15.03	1985			
KRISTEN HALTERMAN	15.23	1995			
MARISELA ORNELAS	15.36	2000			
LAUREN GREEN	15.37	2008			
KATY WALDEN	15.39	1981			
NICOLE SCHRAKAMP	15.42	1997			
50 FREE			1000 FREE		
SANDRA SOE	32.60	2006	STEPHANIE SCANNELL	17:57.50	2002
LINDSAY KNOTT	32.64	1995			
KATHERINE COMANOR	32.70	1982			
LAUREN SMITH	32.73	2008			
KRISTIN GRAFFIUS	33.75	1990			
MELISSA WINCHESTER	33.79	1985			
ALANNA JURICH	33.99	2007			
STEPHANIE SCANNELL	34.28	2003			
LAUREN GREEN	34.92	2007			
KRISTEN HALTERMAN	34.93	1995			
100 FREE			1650 FREE		
SANDRA SOE	1:10.20	2006	STEPHANIE SCANNELL	28:42.42	2003
KATHERINE COMANOR	1:10.76	1982			
LAUREN SMITH	1:11.64	2008			
LINDSAY KNOTT	1:13.66	1994			
STEPHANIE SCANNELL	1:18.04	2003			
JANICE LEE	1:18.13	1991			
JULIE LANCE	1:19.49	2008			
LINDSAY SCANNELL	1:20.49	2005			
ALANNA JURICH	1:20.67	2007			
LAUREN GREEN	1:21.08	2008			
200 FREE			25 BACK		
KATHERINE COMANOR	2:37.42	1982	KATHERINE COMANOR	17.03	1982
LINDSAY KNOTT	2:41.27	1995	LAUREN SMITH	18.26	2008
LAUREN SMITH	2:41.73	2008	SANDRA SOE	18.46	2006
SANDRA SOE	2:45.27	2005	LINDSAY KNOTT	18.49	1994
ASHLEY TOMLIN	3:01.35	1990	STEPHANIE SCANNELL	18.77	2003
STEPHANIE SCANNELL	3:01.53	2003	ALANNA JURICH	19.11	2007
JULIE LANCE	3:13.29	2008	KIMBERLY BAERWALDT	19.45	1996
LAUREN GREEN	3:13.33	2007	LAUREN GREEN	19.51	2007
LORILIN MILLER	3:14.50	1989	ALANE LEE	19.61	1987
HEATHER POND	3:14.69	1989	AVALON GOOK	19.80	2008

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50 BACK			50 BREAST		
	TIME	YEAR		TIME	YEAR
KATHERINE COMANOR	36.96	1982	LINDSAY KNOTT	43.87	1995
LAUREN SMITH	37.37	2008	STEPHANIE SCANNELL	44.43	2003
SANDRA SOE	38.59	2006	HEIDI GIBSON	45.48	1981
LINDSAY KNOTT	38.80	1995	SANDRA SOE	45.49	2006
ALANNA JURICH	39.37	2007	ALANNA JURICH	45.79	2007
STEPHANIE SCANNELL	40.17	2003	MELISSA WINCHESTER	46.07	1986
LINDSAY STEPHENSON	43.31	1993	LAUREN SMITH	46.63	2008
JANICE LEE	43.46	1992	NICOLE SCHRAKAMP	46.73	1997
TAYLOR FLEMING	44.07	11/14/09	BREANA BOLING	47.83	1989
KIMBERLY BAERWALDT	44.55	1996	MEGHAN CANNON	48.15	1991

100 BACK			100 BREAST		
LAUREN SMITH	1:195.0	2008	LINDSAY KNOTT	1:35.92	1995
LINDSAY KNOTT	1:24.99	1995	KATHERINE COMANOR	1:36.67	1982
KATHERINE COMANOR	1:30.61	1982	HEATHER POND	1:40.03	1989
ASHLEY TOMLIN	1:41.01	1990	ASHLEY TOMLIN	1:47.71	1990
LAUREN GREEN	1:41.02	2007	ALYSSA JOHNSON	1:51.52	2004
LORILIN MILLER	1:44.88	1989	LORILIN MILLER	1:55.86	1989
KATY WALDEN	1:47.73	1981	KELLY ROCKWELL	1:58.61	2006
KIRA LORD	1:50.18	2003	KATY WALDEN	2:03.40	1981
HEATHER POND	1:54.34	1989	MELANIE GOBLE	2:08.09	2004
			LINDSAY SCANNELL	2:08.58	2004

200 BACK			200 BREAST		
SANDRA SOE	2:58.03	2006	SANDRA SOE	3:28.76	2006
STEPHANIE SCANNELL	3:25.23	2003	STEPHANIE SCANNELL	3:54.47	2002
LESLEY KERLEY	3:41.82	2003	KALI TODA	4:26.31	2000
JENNIFER NACHTIGAL	3:48.64	2002			
GENNA VIRDEN	4:27.06	2003			

25 BREAST			25 FLY		
LINDSAY KNOTT	19.54	1995	KATHERINE COMANOR	15.27	1982
STEPHANIE SCANNELL	19.87	2003	LAUREN SMITH	15.57	2008
SANDRA SOE	19.87	2006	LAUREN GREEN	16.14	2008
HEIDI GIBSON	20.34	1981	KATY WALDEN	16.47	1981
NICOLE SCHRAKAMP	20.34	1997	SANDRA SOE	16.66	2006
LAURA WHEELER	20.63	1992	LINDSAY KNOTT	17.00	1994
ELENA FLYNN	21.02	6/11/10	STEPHANIE SCANNELL	17.13	2003
ALANNA JURICH	20.70	2007	KRISTIN GRAFFIUS	17.27	1990
GRETCHEN MILNE	21.10	1976	NICOLE SCHRAKAMP	17.27	1997
HEATHER RATH	21.49	1986	KIMBERLY BAERWALDT	17.46	1996

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50 FLY	TIME	YEAR	400 I.M.	TIME	YEAR
LAUREN SMITH	35.21	2008	STEPHANIE SCANNELL	7:16.74	2003
KATHERINE COMANOR	35.23	1982			
STEPHANIE SCANNELL	38.07	2003			
KATY WALDEN	39.17	1981			
SANDRA SOE	40.03	2006			
JANICE LEE	40.41	1991			
LINDSAY SCANNELL	41.22	2005			
LINDSAY KNOTT	41.77	1994			
HILARY HUNT	41.88	2001			
TAYLOR FLEMING	42.16	11/14/09			

100 FLY

LAUREN SMITH	1:27.72	2007
KATHERINE COMANOR	1:29.09	1982
LINDSAY SCANNELL	1:34.20	2005
LINDSAY KNOTT	1:39.28	1994
ASHLEY TOMLIN	1:41.26	1990
STEPHANIE SCANNELL	1:45.30	2003
LESLEY KERLEY	1:57.00	2003
KIRA LORD	2:02.77	2003
GENNA VIRDEN	2:08.90	2003
JENNY MACDONALD	2:18.85	2003

100 I.M.

KATHERINE COMANOR	1:17.58	1982
LAUREN SMITH	1:23.06	2008
LINDSAY KNOTT	1:24.36	1994
SANDRA SOE	1:26.23	2005
STEPHANIE SCANNELL	1:27.80	2003
ALANNA JURICH	1:28.41	2007
KATY WALDEN	1:28.64	1981
JANICE LEE	1:30.42	1991
AVALON GOOK	1:31.19	2008
MELISSA WINCHESTER	1:31.82	1985

200 I.M.

LAUREN SMITH	2:56.68	2008
KATHERINE COMANOR	2:57.09	1982
SANDRA SOE	3:08.50	2006
LINDSAY KNOTT	3:15.52	1994
STEPHANIE SCANNELL	3:20.19	2003
ASHLEY TOMLIN	3:24.69	1990
LORILIN MILLER	3:38.97	1989
KIRA LORD	3:52.01	2003
LESLEY KERLEY	3:53.79	2003
GENNA VIRDEN	04:18.2	2003