

07/07/2010

LONG COURSE
TOP 10 TIMES
8/UNDER GIRLS

50 FREE			100 BACK		
	TIME	YEAR		TIME	YEAR
KATHERINE COMANOR	35.43	1982	KATHERINE COMANOR	1:29.68	1982
LAUREN SMITH	36.76	2007	LAUREN SMITH	1:37.99	2007
SANDRA SOE	37.03	2006	AVALON GOOK	1:48.85	2008
STEPHANIE SCANNELL	38.35	2003	SANDRA SOE	1:50.36	2005
BREANA BOLING	38.58	1989	ARRINGTON MCGEE	1:55.26	5/29/10
LINDSAY KNOTT	39.29	1994	SARAH DUNN	2:06.09	2005
KATY WALDEN	39.68	1981			
AVALON GOOK	40.75	2008			
LAUREN GREEN	41.27	2007			
JULIE LANCE	41.44	2008			

100 FREE			50 BREAST		
KATHERINE COMANOR	1:18.14	1982	STEPHANIE SCANNELL	50.74	2003
SANDRA SOE	1:23.76	2006	HEIDI GIBSON	51.39	1976
LAUREN SMITH	1:24.85	2007	SANDRA SOE	51.51	2006
JANICE LEE	1:26.67	1991	BREANA BOLING	51.94	1989
LINDSAY KNOTT	1:26.72	1994	LINDSAY KNOTT	52.12	1994
JULIE KRAMER	1:27.51	1985	AVALON GOOK	56.20	2008
STEPHANIE SCANNELL	1:28.97	2003	LAUREN SMITH	57.62	2007
JULIE LANCE	1:29.17	2008	LAUREN JUFIAR	58.31	2009
KATY WALDEN	1:35.64	1981	JULIE LANCE	58.76	2008
LINDSAY SCANNELL	1:39.26	2004	LINDSAY SCANNELL	58.79	2005

200 FREE			100 BREAST		
KATHERINE COMANOR	2:44.03	1982	SANDRA SOE	1:49.17	2006
LAUREN SMITH	3:10.46	2007	KATHERINE COMANOR	1:51.34	1982
KATY WALDEN	3:36.18	1981	LINDSAY KNOTT	1:56.59	1994
LAUREN GREEN	3:50.40	2007	SARA DUKE	2:20.25	2009
			ARRINGTON MCGEE	2:30.12	5/29/10

400 FREE		
ARRINGTON MCGEE	7:28.94	6/27/10

50 BACK			50 FLY		
KATHERINE COMANOR	40.51	1982	KATHERINE COMANOR	38.07	1982
LAUREN SMITH	43.65	2007	LAUREN SMITH	41.73	2007
SANDRA SOE	44.06	2006	SANDRA SOE	44.24	2006
STEPHANIE SCANNELL	44.80	2003	STEPHANIE SCANNELL	44.85	2003
JANICE LEE	45.53	1991	JANICE LEE	45.02	1991
LINDSAY KNOTT	47.55	1994	KATY WALDEN	46.43	1981
JULIE LANCE	51.24	2008	AVALON GOOK	47.92	2008
KATY WALDEN	51.40	1981	TARYN NICOLETTI	50.00	1992
LAUREN JUFIAR	51.79	2009	LAUREN SMITH	51.59	2006
CLAIRE WANG	53.86	2006	LINDSAY KNOTT	51.88	1993
TARYN NICOLETTI	54.64	1992	LESLEY KERLEY	53.42	2003

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100 FLY	TIME	YEAR	200 I.M.	TIME	YEAR
KATHERINE COMANOR	1:29.44	1982	KATHERINE COMANOR	3:05.41	1982
LAUREN SMITH	1:44.77	2007	LAUREN SMITH	3:30.48	2007
AVALON GOOK	2:14.23	2007	KATY WALDEN	4:02.55	1981
SARAH DUNN	2:38.87	2005	ARRINGTON MCGEE	4:25.49	5/29/10
			MADELINE MCKEE	5:34.29	2009